

INSECURITY

Broken, but Finding My Identity in Christ

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Some titles and material in this outline are quoted or paraphrased from Beth Moore's *So Long, Insecurity* (Tyndale House Pub., 2010.)

TAKE THE TEST TO SEE IF YOU ARE INSECURE

Do you . . .

- Doubt that God can _____ you?
- Have an inordinate desire to make _____?
- Harbor unrealistic expectations about _____ and relationships?
- _____ away from someone you sense is wanting to _____ away from you?
- Imagine the worst when someone does not return a _____ or email?
- Have a chronic _____ for affirmation?
- Struggle with _____ promotion?
- Feel like the _____ of others threatens your success?
- Live in constant terror of _____?
- Frequently _____?
- _____ man?
- Act like the opposite sex because you are _____ in your womanhood?
- _____ exposed when your insecurity surfaces?
- Have a compulsive desire to _____ something or someone in your life?
- Struggle with incessant _____ or clamming up?
- Have extreme _____ and _____ and intensity of emotions?
- Have difficulty taking _____?
- Capitalize on sensuality and _____ immodestly?

WHAT WOUNDS CONTRIBUTE TOWARDS INSECURITY?

- Instability in the _____
- Importance of a Mother's Nurture (*some from a message by David Legge*):
 1. _____ of voice

2. _____contact
 3. _____touch
 4. _____ and tenderness (sick)
 5. _____
 6. Physical and emotional _____
 7. Focused _____
 8. _____ affirmation
- A significant _____
 - _____--A feeling that we have to be the "best."
 - Dramatic unwanted _____
 - Personal limitations and personal _____
 - _____creating unrealistic expectations
 - _____--A feeling that changes the core of who we believe ourselves to be and how God and others view us.

WRONG WAYS TO FIX INSECURITY:

1. _____ "take control"
2. _____ a mask
3. _____ mechanisms
4. _____ from responsibilities and outreach

GET YOUR VERTICAL FOCUS RIGHT

Get your security from whom God says you are!

Mine eyes are ever toward the Lord; for he shall pluck my feet out of the net (Psalm 25:15).

1. You are _____. We don't have to feel incomplete. He completes us!
"Ye are complete in Him" (Colossians 2:10).

2. You are _____. God made us and accepts us just the way we are.
We are "accepted in the Beloved" (Ephesians 1:6).
"Thine eyes did see my substance, yet being unperfect" (Psalm 139:16).
"I am fearfully and wonderfully made" (Psalm 139:14).

3. God's _____ will make up for the failures of others to love you.
"When my father and my mother forsake me, then the Lord will take me up" (Psalm 27:10).

4. God delights in You! (He _____ you!)
"Yea, I have loved thee with an everlasting love" (Jeremiah 31:3).
"He delivered me, because He delighted in me" (Psalm 18:19).

5. You are a _____ in progress!
"Being confident of this very thing, that He which hath begun a good work in you will perform it until the day of Jesus Christ" (Philippians 1:6).

6. Operate in _____ spiritual gifting.

Prophecy—loves to declare truth

Giving—loves to please the Lord and others through giving financially to meet needs

Service—loves to meet needs through physical labor

Organization—a good administrator and organizer

Mercy—Feels deeply for the emotional needs of others

Teaching—Loves personal study and has a way of making difficult concepts easy

Exhortation—Loves counseling and encouraging others to take their next spiritual step

7. God has a _____ for your life! Embrace it and go forward!

"Who hath saved us and called us with a holy calling, not according to our works, but according to His own purpose and grace (II Timothy 1:9, 10).

8. Voice your insecurities to the Lord. Let Him counsel you and renew your mind with _____.

God's Plea: "Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding shall keep your hearts and minds through Christ Jesus" (Philippians 4:6,7).

God's Presence: "It is I; be not afraid" (John 6:20)

God's Promise: "But my God shall supply all your need according to his riches in glory by Christ Jesus" (Philippians.4:19).

GET YOUR HORIZONTAL FOCUS RIGHT

Don't get your security or insecurity from those around you.

"Look up at Jesus before you look out at men." Your security comes from Him!

1. Minister to _____ instead of letting them make you feel insecure.

"Look not every man on his own things but every man also on the things of others" (Philippians 2:4).

2. Don't _____ yourself with others. (your intellect, your talents, your looks)

"But they measuring themselves by themselves, and comparing themselves among themselves, are not wise" (II Corinthians 10:12).

3. When fearing what other _____ think of what you have said or done, have confidence that God is working in their hearts as well and will convict if they are thinking wrongly of you.

"Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need" (Hebrews 4:16).

4. _____ **those who have wronged you.**

“And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ’s sake hath forgiven you” (Ephesians 4:32).

5. **Revel in the _____ that God has for your heart and mind.**

“Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusted in thee” (Isaiah 26:3).

“God hath not given us the spirit of fear; but of power, and of love, and of a sound mind” (II Timothy 1:7-10).

“In God have I put my trust: I will not be afraid what man can do unto me” (Ps. 56:10).

“And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus” (Philippians 4:19).

“It is I; be not afraid” (John 6:20).

“Let the peace of God rule (umpire) (call the shots) in your hearts” (Colossians 3:15).

6. **Let _____ be hurts and not turn into insecurities.**

****Default to trust, faith, and dependence instead of to fear and insecurity!***

“Trust in the Lord with all thine heart and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.” (Proverbs 3:5, 6)